

and in boys, testes. This is performed by a specially trained midwife or a neonatal doctor, ideally before you go home. This check is important as it screens for rare, but serious conditions.

For more information visit:

- **Screening tests for you and your baby leaflet:**

www.gov.uk/government/uploads/system/uploads/attachment_data/file/642009/Screening_tests_for_you_and_your_baby_booklet_040917.pdf

Your wellbeing and follow-up care

Your midwives will:

- perform several checks on you before you go home
- arrange any medication you may need to take with you
- check how well your baby is feeding and talk through the things you can expect once at home.

Once you and your baby are ready to go home, your midwives will arrange for a community midwife to visit/contact you within the next two days. They will also give you some important paperwork, including the Personal Child Health Record (or 'red book').

Your community midwife and health visitor

After you leave hospital, you will be seen at home and/or in postnatal clinics by a community midwife. This midwife will come from your closest maternity unit, which may not be the one in which you gave birth – therefore please confirm the contact details with your midwife in the hospital prior to being discharged home.

You can expect your community midwife to visit you within 48 hours of being discharged from the hospital. It is important that you contact the community midwifery team if you do not receive this visit as there are important checks that must be completed for you and your baby.