

**16. I am aware that I will be provided with support to feed my baby, my thoughts around feeding are...**

During pregnancy you will have a chance to discuss infant feeding, this will include information about the value of breastfeeding. A midwife will help you to get feeding off to a good start as soon as your baby shows cues that he/she is ready to feed.

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**17. After my baby is born, he or she will be offered Vitamin K...**

- ☐ I would like my baby to have Vitamin K by injection
- ☐ I would like my baby to have Vitamin K by oral drops
- ☐ I do not want my baby to have Vitamin K
- ☐ I am not sure/I would like to find out more

Vitamin K is a supplement that is recommended for all babies that prevents a rare condition known as Vitamin K Deficiency Bleeding (VKDB). It has no known side effects.

**My thoughts, feelings and questions:**

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