

2. My birth partner(s) will be...

It is recommended that no more than two people act as your birth partner in labour at any one time.

3. Student midwives/doctors may be working with the team when I have my baby...

- ☐ I am happy for a student to be present during my labour/birth
- ☐ I prefer that no students are present during my labour/birth
- ☐ I prefer to wait and see
- ☐ I am not sure/I would like to find out more

Students work closely alongside their named midwife mentor and will provide you with care and support under supervision, with your consent.

My thoughts, feelings and questions:

4. I have additional requirements...

- ☐ I will need help to translate into my language
- ☐ I have allergies and/or special dietary requirements
- ☐ Please make reasonable adjustments for learning disabilities
- ☐ I have religious beliefs and customs that I would like to be observed
- ☐ I/my partner have additional needs

If you have any special requirements, please tell your maternity team as early as possible.

My thoughts, feelings and questions:
