

5. I have had a discussion with my midwife/doctor about how I would like to give birth, my thoughts and feelings are...

The majority of women will have a vaginal birth, however for some a caesarean birth may be recommended.

My thoughts, feelings and questions:

If you are having a planned caesarean birth please go to question 15 ➡

6. In some circumstances, your midwife or doctor may recommend starting your labour artificially, instead of waiting for it to start naturally (this is known as induction of labour)...

- ☐ I am aware of why an induction might be recommended
- ☐ I am not sure/I would like to find out more

If you go 10 or more days past your due date, you have certain medical conditions, or your doctor is concerned about the health of your baby you may be offered an induction of labour. This will be planned carefully with your midwife/doctor.

My thoughts, feelings and questions:
