

You may be offered extra scans during pregnancy, particularly if there are any concerns about the growth of your baby, the location of your placenta or the position of your baby at the end of pregnancy. If you choose not to have any scans, your appointments will continue as normal.

For more information visit:

- **Screening tests for you and your baby leaflet**
www.gov.uk/government/publications/screening-tests-for-you-and-yourbaby-description-in-brief
- **NHS Choices**
www.nhs.uk/conditions/pregnancy-and-baby/screening-testsabnormality-pregnant/
- **Antenatal results & choices**
www.arc-uk.org

Having twins or triplets?

Finding out you are having more than one baby can be exciting and special, but also sometimes overwhelming. All multiple pregnancies have a higher risk of complications, and therefore you will have extra appointments and scans to make sure you and your babies are well. If your babies share a placenta, it will be recommended that you have scans every two weeks, and if they each have their own placenta scans will be every four weeks.

You are likely to have your babies earlier, and it may be recommended that you have a caesarean section, although many twins are also born vaginally. You will have plenty of support from your maternity team throughout pregnancy, birth and beyond.

For more information visit:

- **Twins & Multiple Births Association**
www.tamba.org.uk
- **Multiple Birth Foundation**
www.multiplebirths.org.uk