



*Ipswich and  
East Suffolk*

**H**

**Ipswich Hospital**

Maternity Ward  
Heath Road, Ipswich, IP4 5PD  
01473 712233

[www.esneft.nhs.uk](http://www.esneft.nhs.uk)

*North  
East  
Essex*

**H**

**Clacton Birthing Unit**

Tower Road, Clacton-on-sea,  
CO15 1LH  
01255 429690

[www.esneft.nhs.uk](http://www.esneft.nhs.uk)

**To find out more speak to your GP or a midwife**